

## No Villains and No Victims When...

We look at ourselves...

OPENLY &  
HONESTLY



Ask: "What part of this situation belongs to me?"  
(Be 100% truthful)

AND

We think of others as...

NORMAL PEOPLE  
WHO MAKE  
MISTAKES



WONDER!



Ask: "Why would this person behave like this?"  
(Seek to understand)

### CLASS DISCUSSION POINTS

1. What does it mean to "label" someone? Why do we do it?
2. How do we treat people after we give them a negative label?
3. How have you felt when you've been labeled by someone?

### LEARNING OBJECTIVE:

The student will learn how to avoid turning people into villains, and thinking like a victim.

### INSTRUCTIONS:

Ask students to share their answer to question #1 on page two only.

1

What causes you to turn someone into a “villain” in your mind? When do you think of yourself as a “victim?”

Shared answer

2

In what situation could you have a better conversation with a particular person in your life? What are you going to do about it?

Private answer