

People make mistakes, say the wrong thing, or sometimes just forget what's important. We have a choice about how we respond to them when this happens. Some of our behaviors cause additional hurt and, if done consistently, destroy our relationship with them. Other options strengthen relationships by lifting people up and building upon their potential greatness.

Three C's

1. To Criticize
2. To Complain
3. To Condemn

Three E's

1. To Encourage
2. To Educate
3. To Enjoy

LEARNING OBJECTIVE:

The student will understand the choice of two possible responses to the mistakes of others.

INSTRUCTIONS: Distribute the handout to students after viewing the video. Invite students to share their answers to question #1 only.

CLASS DISCUSSION POINTS

1. What kind of a response do you usually get when you criticize someone's efforts or mistakes?
2. What is the purpose of complaining about things done by others?
3. How is it possible to "educate" someone without sounding like a "know-it-all".
4. Explain what it means to "enjoy" someone - even if they've messed up.

1

Why do experts say that the 3 C's are the fastest way to destroy relationships?

Shared answer

2

Describe situations in which you have used the 3 E's in your friendships or family and what impact it has had.

Private answer